

I-LERT 12 STEPS OF PREPAREDNESS

Step 1 - HAVE A PLAN - Identify hazards, safe spots and danger spots, evacuation routes, family/co-worker responsibilities, utility shut-off s and meeting places.

Step 2 - STORE DRINKING WATER - 1 gallon per person per day, consider additional water for pets, dishwashing, laundry, etc. (Pools and Jacuzzis ideal for dishwashing and laundry).

Step 3 - STORE FOOD AND HOUSEHOLD GOODS - Store 1 week non-perishable foods for every person, don't forget medicines, pet foods, diapers, baby formula, plates, utensils, hand-held can opener, etc.

Step 4 - PROTECTION OF FINANCIAL ASSETS AND PERSONAL IDENTITY - Maintain hard copies of financial and personal records, have cash available (in primarily small bills, coins).

Step 5 - CLOTHING FOR PROTECTION, boots (light search and rescue activities).

Step 6 - FIRST AID SUPPLIES - Learn beginning first aid and CPR, Build first aid kits for home, car, school and work.

Step 7 - ALTERNATIVE HEATING AND LIGHTING SOURCES - Heating (wood burning stoves, extra blankets, sleeping bags, Lighting (flashlights w/extra batteries, lanterns and candles (last resort), generators.

Step 8 - COMPILE EMERGENCY PREPAREDNESS LIBRARY - Earthquake, flooding, fire safety pamphlets, first-aid and healthcare books, basic home repair manuals camping guides.

Step 9 - ALTERNATIVE COMMUNICATIONS - Battery operation am/fm radio, know local stations (AM/FM) for EAS broadcast, short wave radios, citizen band radios, ham radio, out of state contact.

Step 10 - WASTE DISPOSAL - System disruption (water, sewer and waste disposal), human waste, pet waste, trash disposal, storm debris.

Step 11 - CARE FOR YOUR PETS - Water and food bowls, leashes and/or collars, medical records, pictures, learn pet first aid, know which shelters allow for animals.

Step 12 - PROTECTING YOUR FAMILY AND PROPERTY - Get to know your neighbors, organize neighborhood groups, learn to defend yourself in a manner which is congruent with our personal values.

MORE INFORMATION AVAILABLE on the web at www.i-lert.org